

## Simplified Version of the Plan on Sister School Exchanges 2024 / 25 School Year

School Name:	La Salle College		
School Type:	*Primary / *Secondary / *Special <i>(*please delete as appropriate)</i>	Teacher-in-charge	Timothy GOH

### It is proposed to conduct exchange activities with the following sister schools in the mainland this school year:

1.	Shanghai Foreign Language School (SFLS, 上海外国语大学附属中学), Shanghai
2.	The High School Affiliated to Renmin University of China (RDFZ, 中国人民大学附属中学), Beijing
3.	Torch Development Zone No.1 Middle School (HJYZ, 中山市纪念中学火炬一中), Zhongshan
4.	Zhejiang Zhenhai High School (ZHZX, 浙江省宁波市镇海中学), Ningbo

### The aspects covered and relevant information regarding the sister school exchanges are as follows:

*(Please mark with a check (✓) in the appropriate boxes (multiple selections allowed) and/or provide relevant information in the 'Other' column.)*

#### A. Management Aspect (~~\*Proposed~~ / \*Not Proposed) *(\*Please delete as applicable)*

Item			Objective		
No.	<input checked="" type="checkbox"/>	Description	No.	<input checked="" type="checkbox"/>	Description
A1	<input type="checkbox"/>	Visit	B1	<input type="checkbox"/>	Enhance understanding and knowledge of Mainland
A2	<input type="checkbox"/>	Administration Seminar/ School Management Sharing	B2	<input type="checkbox"/>	Increase sense of belonging/national identity
A3	<input type="checkbox"/>	Conference/Video Conference	B3	<input type="checkbox"/>	Exchange good management experiences and insights/improve school administration and management capabilities
A4	<input type="checkbox"/>	MOU Signing/Exchange Planning	B4	<input type="checkbox"/>	Expand school networks
A5	<input type="checkbox"/>	Other (please specify):	B5	<input type="checkbox"/>	Broaden horizons
			B6	<input type="checkbox"/>	Establish friendships/contacts
			B7	<input type="checkbox"/>	Formulate details of exchange plans/activities
			B8	<input type="checkbox"/>	Other (please specify):

**B. Teacher Aspect (\*Proposed / \*Not Proposed) (\*Please delete as applicable)**

Item			Objective		
No.	<input checked="" type="checkbox"/>	Description	No.	<input checked="" type="checkbox"/>	Description
D1	<input type="checkbox"/>	Visit	E1	<input type="checkbox"/>	Enhance understanding and knowledge of Mainland
D2	<input type="checkbox"/>	Lesson observation/Teaching Analysis	E2	<input type="checkbox"/>	Increase sense of belonging/national identity
D3	<input type="checkbox"/>	Demonstration Lesson / Same Topic Different Structure	E3	<input type="checkbox"/>	Establish learning communities/implement educational research
D4	<input type="checkbox"/>	Remote Classroom / Video conference / E-learning Exchanges	E4	<input type="checkbox"/>	Promote professional development
D5	<input type="checkbox"/>	Thematic Seminar / Workshop / Roundtable	E5	<input type="checkbox"/>	Improve teaching effectiveness
D6	<input type="checkbox"/>	Professional Development Day	E6	<input type="checkbox"/>	Broaden horizons
D7	<input type="checkbox"/>	Other (please specify):	E7	<input type="checkbox"/>	Establish friendships/contacts
			E8	<input type="checkbox"/>	Other (please specify):

**C. Student Aspect (\*Proposed / \*Not Proposed) (\*Please delete as applicable)**

Item			Objective		
No.	<input checked="" type="checkbox"/>	Description	No.	<input checked="" type="checkbox"/>	Description
G1	<input checked="" type="checkbox"/>	Visit	H1	<input checked="" type="checkbox"/>	Enhance understanding and knowledge of Mainland
G2	<input checked="" type="checkbox"/>	Lesson Experience	H2	<input checked="" type="checkbox"/>	Increase sense of belonging/national identity
G3	<input checked="" type="checkbox"/>	Life Experience	H3	<input checked="" type="checkbox"/>	Broaden horizons
G4	<input checked="" type="checkbox"/>	Thematic Study	H4	<input checked="" type="checkbox"/>	Establish friendships
G5	<input type="checkbox"/>	Remote Classroom / Video conference / E-learning Exchanges	H5	<input checked="" type="checkbox"/>	Promote cultural exchange
G6	<input checked="" type="checkbox"/>	Cultural, Sport and Arts Exchange	H6	<input checked="" type="checkbox"/>	Enhance language / expression / communication skills
G7	<input type="checkbox"/>	Letter Exchange	H7	<input checked="" type="checkbox"/>	Improve self-management skills / promote personal growth
G8	<input checked="" type="checkbox"/>	Other (please specify): Competition	H8	<input checked="" type="checkbox"/>	Enrich learning experiences
			H9	<input type="checkbox"/>	Other (please specify):

**D. Parents Aspect (\*Proposed / \*Not Proposed) (\*Please delete as applicable)**

(Note: Schools cannot use the sister school grant to cover parents' expenses for exchange activities.)

Item			Objective		
No.	<input checked="" type="checkbox"/>	Description	No.	<input checked="" type="checkbox"/>	Description
J1	<input type="checkbox"/>	School Visit	K1	<input type="checkbox"/>	Enhance understanding and knowledge of Mainland
J2	<input type="checkbox"/>	Parent Seminar	K2	<input type="checkbox"/>	Increase sense of belonging/national identity
J3	<input type="checkbox"/>	Sharing Insights	K3	<input type="checkbox"/>	Broaden horizons
J4	<input type="checkbox"/>	Other (please specify):	K4	<input type="checkbox"/>	Strengthen home-school collaboration
			K5	<input type="checkbox"/>	Enhance parent education
			K6	<input type="checkbox"/>	Share good experiences and insights on home-school cooperation
			K7	<input type="checkbox"/>	Other (please specify):

**The proposed monitoring/evaluation methods are as follows:**

No.	<input checked="" type="checkbox"/>	monitoring/evaluation methods
M1	<input type="checkbox"/>	Discussion
M2	<input type="checkbox"/>	Sharing
M3	<input type="checkbox"/>	Questionnaire
M4	<input type="checkbox"/>	Interviews
M5	<input type="checkbox"/>	Meetings
M6	<input type="checkbox"/>	Observation
M7	<input type="checkbox"/>	Report
M8	<input type="checkbox"/>	Other (please specify):

**Purpose of the grant and budget:**

No.	<input checked="" type="checkbox"/>	Item	Budget
N1	<input checked="" type="checkbox"/>	Expenses on visiting sister schools in the Mainland	HK\$130,000
N2	<input checked="" type="checkbox"/>	Expenses on co-organizing activities with sister schools in Hong Kong	HK\$12,000
N3	<input type="checkbox"/>	Cost of procuring services or hiring temporary supporting staff for administrative work (Note: cannot exceed 20%)	HK\$0
N4	<input checked="" type="checkbox"/>	Costs of video conference facilities and other computer equipment	HK\$10,000
N5	<input checked="" type="checkbox"/>	Expenses on exchanges materials	HK\$10,000
N6	<input type="checkbox"/>	Expenses on refreshment during exchange activities in Hong Kong (Note: cannot exceed 2%)	HK\$3,000
N7	<input type="checkbox"/>	Expenses on a single entry-exit visa for teachers (Note: cannot exceed 1%)	HK\$0
N8	<input type="checkbox"/>	Other (please specify):	HK\$
N9	<input checked="" type="checkbox"/>	Estimated total expenses for the academic year	HK\$165,000
N10	<input type="checkbox"/>	No expenses	N/A