## La Salle College

## Annual Plan of Sister School Exchanges 2022 – 2023

Names of Mainland Sister Schools: (1) Shanghai Foreign Language School (SFLS, 上海外国语大学附屬中学), Shanghai

- (2) The High School Affiliated to Renmin University of China (RDFZ, 中国人民大学附属中学), Beijing
- (3) Agile Kaiyin School Affiliated to Zhongshan Memorial Middle School (JZKYS, 中山市纪中雅居乐凯茵学校), Zhongshan
- (4) Zhejiang Zhenhai High School (ZHZX, 浙江省寧波市鎮海中學), Ningbo

In 2022-2023, La Salle College (LSC) plans to conduct exchange activities with our sister schools in Mainland China as follows:

Item No.	Name and Content of the Exchange Activity	Intended Objective(s)	Monitoring/Evaluatio n	Estimated Expenditure
1.	Shanghai Exchange Programme (F.2 - 3 level)  The 2 sister schools will send 12 - 16 boy students to each other for around 1 week. Visiting students & teachers will attend class observation, cultural activities & excursions in the host cities.  LSC students will be accommodated in dormitories of Shanghai Foreign Language School during weekdays. During weekends, they will be billeted by local students for attaining in-depth understanding of Shanghai. During their visit to Hong Kong, students from Shanghai will be billeted by LSC students for attaining in-depth understanding of Hong Kong. A staff professional visit for LSC teachers will be held in the year. LSC teachers will attend class observation & professional sharing with local teachers. They will be accommodated at a hotel near the Shanghai Foreign Language School.	<ul> <li>To let LSC students understand the cultural, educational and economic development of Shanghai.</li> <li>To provide students an authentic language environment in the learning of Putonghua.</li> <li>To broaden students' horizons.</li> <li>To provide teachers of both schools opportunities of experience sharing and professional exchange.</li> </ul>	Budget control, evaluation on students' projects and presentations after the trip will be used as tools of evaluation.  Reflections of teachers will be used as a tool of evaluation.	Around HK\$50,000 of the EDB Sister School Grant will be used in this programme. Air fare, costs of meals & accommodation of LSC students and teachers in Shanghai will be the major expenses to be covered by the Grant. Each LSC student is to pay around HK\$2,000, by estimation, to cover guests' expenses in Hong Kong.

2.	Beijing Exchange Programme (F.3 - 4 level)  The 2 sister schools will send 6 - 8 boy students to each other for around 1 week. Visiting students & teachers will attend class observation, cultural activities & excursions in the host cities.  LSC students will be accommodated in dormitory of The High School Affiliated to Renmin University of China during weekdays. During weekend, they will be billeted by local students for attaining in-depth understanding of Beijing. During their visit to Hong Kong, students from Beijing will be billeted by LSC students for attaining in-depth understanding of Hong Kong.	<ul> <li>To let LSC students understand the cultural, educational and economic development of Beijing.</li> <li>To provide students an authentic language environment in the learning of Putonghua.</li> <li>To broaden students' horizons.</li> <li>To provide teachers of both schools opportunities of experience sharing and professional exchange.</li> </ul>	Budget control, evaluation on students' projects and presentations after the trip will be used as tools of evaluation.  Reflections of teachers will be used as a tool of evaluation.	Around HK\$40,000 of the EDB Sister School Grant will be used in this programme. Air fare, costs of meals & accommodation of LSC students and teachers in Beijing will be the major expenses to be covered by the Grant. Each LSC student is to pay around HK\$1,500, by estimation, to cover guests' expenses in Hong Kong.
3.	Zhongshan Exchange Programme (F.1 - 2 level)  The 2 sister schools will send 16 - 20 boy students to each other for around 5 days. Visiting students & teachers will attend class observation, cultural activities & excursions in the host cities.  LSC students will be accommodated in the dormitory of Agile Kaiyin School Affiliated to Zhongshan Memorial Middle School. During their visit to Hong Kong, students from Zhongshan will be accommodated in a hotel near LSC at their own expense.	<ul> <li>To let LSC students understand the cultural, educational and economic development of Zhongshan.</li> <li>To provide students an authentic language environment in the learning of Putonghua.</li> <li>To broaden students' horizons.</li> </ul>	Budget control, evaluation on students' projects and presentations after the trip will be used as tools of evaluation.	Around HK\$20,000 of the EDB Sister School Grant will be used in this programme. Ferry fare, costs of meals & accommodation of LSC students and teachers in Zhongshan will be the major expenses to be covered by the Grant. Each LSC student is to pay around HK\$1,100, by estimation, to cover guests' expenses in Hong Kong.
	A staff professional visit for LSC teachers will be held in the year. LSC teachers will attend class observation & professional sharing with local teachers. They will be accommodated at a hotel near the Agile Kaiyin School Affiliated to Zhongshan Memorial Middle School.	To provide teachers of both schools opportunities of experience sharing and professional exchange.	Reflections of teachers will be used as a tool of evaluation.	
4.	Ningbo Exchange Programme (F.2 - 5 level)	To let LSC students understand the cultural,	Budget control, evaluation on students' projects and	Around HK\$40,000 of the EDB Sister School Grant will be used in this

The 2 sister schools will send 8 - 10 boy students to each other for around 6 days. Visiting students & teachers will attend class observation, cultural activities & excursions in the host cities.  LSC students will be accommodated at a hotel near Zhejiang Zhenhai High School. During their visit to Hong Kong, students from Ningbo will be accommodated in a hotel near LSC at their own expense.	educational and economic development of Ningbo.  To provide students an authentic language environment in the learning of Putonghua.  To broaden students' horizons.	presentations after the trip will be used as tools of evaluation.	programme. Air fare, costs of meals & accommodation of LSC students and teachers in Ningbo will be the major expenses to be covered by the Grant. Each LSC student is to pay around HK\$1,500, by estimation, to cover guests' expenses in Hong Kong.
	<ul> <li>To provide teachers of both schools opportunities of experience sharing and professional exchange.</li> </ul>	Reflections of teachers will be used as a tool of evaluation.	

Remarks: In case that the COVID-19 pandemic continues for a period of time in 22-23, on-site exchange activities may be canceled due to the quarantine orders in different cities. On-line virtual exchange activities with specific themes will be considered as replacements upon agreements with the partner schools.